



Biometric Screening (Metabolic Syndrome Screening)

Available: January 1, 2020—November 1, 2020

Wellness screenings will be completed by Quest via on-site screening, at the Quest Patient Service Centers, or through a Physician Results Form. To register for a wellness screening, visit [My.QuestForHealth.com](https://my.questforhealth.com). Enter the below registration key under 'Create Account.'

Follow the instructions to confirm eligibility and create your account. If an employee has already created an account in 2019, they will log in to their account to schedule a screening at an On-Site Event, at a Quest Patient Service Center, or through a Physician Results Form. Employees can use the 'Forgot username or password' links to retrieve credentials. Employees **must** make an appointment on [My.QuestForHealth.com](https://my.questforhealth.com) to earn the credit. Employees insured through PCS can participate and earn 1 credit towards the Aetna Health Promise Incentive. Spouse are not eligible to earn this credit.

Screenings will measure blood pressure, BMI, cholesterol, triglycerides, and blood sugar via finger stick (on-site screening) or venous blood draw (Quest Patient Service Center).

Register on [My.QuestForHealth.com](https://my.questforhealth.com)

Registration key: **PCSB**

Unique ID: **Aetna WID#** (example: W123456789)

2 Board Family Spouse Unique ID: Aetna WID#S (example: W123456789S)

Employee: 1 credit

2 Board Family Spouse: 1 credit



Earn an additional incentive of Peerfit.

Employees who complete the wellness screening through Quest will earn access to Peerfit. Peerfit is a national network of gyms and wellness studios (yoga, kickboxing, boot camp, etc.). PCS will provide 16 credits per month for up to 6 months to those who complete the wellness screening.

Employees can use these credits to reserve and attend fitness classes (ex: yoga, kickboxing, cardio, etc). Employees will receive an email with registration instructions within a month following their screening.

Credits will reset the first of every month.

Employees will continue to have access to their account after the initial 6 month period. They can enter credit card information to purchase additional classes at a discount rate.

Wish your favorite fitness studio was in the Peerfit Network? Nominate a studio at peer.fit/addstudio.